



Have you ever completed anything on your “bucket list”?

SCRIPTURE READING

- Read together as a group: **Psalm 71:1-8**

THE HOPE CHOICE

To declare and live my life with God as my one and true hope.

DISCUSSION QUESTIONS

- **Out of the seven things listed below, what three things do you feel people today are hoping in most?**
Government, Finances, Health System, Romantic Love, Family, Friends, Our Job.
- **As much as the above seven things may help us, why can't we put our full trust in them? Explain.**

God blesses those who mourn, for they will be comforted.
— Matthew 5:4

- **How can mourning over our past mistakes and our loss of control lead us to comfort?**
- **Can you share actual examples how mourning led to comfort in your life?**
- **Read Psalm 71: 1 - 8**
Psalm 71:1-8 gives us reasons why we can have certain hope in God when the world gives us reasons to mourn.

O Lord, I have come to You for protection; don't let me be disgraced. Save me and rescue me, for You do what is right. Turn your ear to listen to me, and set me free. Be my rock of safety where I can always hide. Give the order to save me, for You are my rock and my fortress My God, rescue me from the power of the wicked, from the clutches of cruel oppressors. O Lord, You alone are my hope. I've trusted You, O Lord, from childhood. Yes, You have been with me from birth; from my mother's womb You have cared for me. No wonder I am always praising you! My life is an example to many, because

you have been my strength and protection. That is why I can never stop praising you; I declare your glory all day long.

- Verse 5 reads, "O Lord, You alone are my hope." How has God used one of the underline words above in Psalm 71 in your life?

NOTES

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